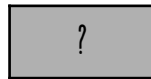




# THE ALLERGEN MATRIX



The allergen matrix outlines allergens which are in our menu items.

The orange colour boxes with a 'YES' word show where an allergenic ingredient is used in the recipe.

A black question mark appears where the dish 'may contain' an allergen. We've marked this based on what other ingredients are used by our suppliers.



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Reviewed by Kristina Koncova on 03/11/2021

CLASSIC WRAPS							
	CLASSIC CHICKEN SOUVLAKI	CLASSIC PORK SOUVLAKI	CLASSIC HALLOUMI SOUVLAKI	CLASSIC CHICKEN GYROS WRAP	CLASSIC PORK GYROS WRAP	CLASSIC VEGAN GYROS WRAP	SKEPASTI
CELERY	?	?	?	?	?	?	?
GLUTEN	YES	YES	YES	YES	YES	YES	YES
CRUSTACEAN							
EGGS	?	?	?	?	?		YES
FISH	?	?	?	?	?		?
LUPINS							
MILK	YES	YES	YES	YES	YES		YES
MOLLUSCS	?	?	?	?	?		?
MUSTARD	YES	YES	?	YES	YES	?	YES
NUTS							
PEANUTS							
SESAME	?	?	?	?	?	?	?
SOYA	?	?	?	YES	YES	YES	YES
SULPHITE	?	?	?	?	?		?



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SIGNATURE WRAPS						
	PIGASUS	HELLA FELLA	HIS & HERCULES	L'AMBROSIA	GARDENOPOLIS	SPICY CHICKEN
CELERY	?	?	?	?		?
GLUTEN	YES	YES	YES	YES	YES	YES
CRUSTACEAN						
EGGS	YES		YES	YES	YES	YES
FISH				YES		
LUPINS						
MILK	YES		YES	YES	YES	
MOLLUSCS						
MUSTARD	YES	?	YES	YES	YES	?
NUTS						
PEANUTS						
SESAME		YES				?
SOYA	?		?	YES		
SULPHITE				YES	YES	YES



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PROTEINS							
	CHICKEN SKEWER	PORK SKEWER	HALLOUMI SKEWER	LAMB SKEWER	CHICKEN GYROS	PORK GYROS	VEGAN GYROS
CELERY	?	?		?			?
GLUTEN	?	?		?	YES	YES	YES
CRUSTACEAN							
EGGS	?	?		?			
FISH							
LUPINS							
MILK	?	?	YES	YES	YES	YES	
MOLLUSCS							
MUSTARD	YES	YES		?	YES	YES	?
NUTS							
PEANUTS							
SESAME							?
SOYA	?	?		YES	YES	YES	YES
SULPHITE							



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SALADS BY HERMES			
	GREEK VILLAGE	AEGEAN SLAW	MIX SALAD
CELERY		?	
GLUTEN		?	
CRUSTACEAN			
EGGS			
FISH			
LUPINS			
MILK	YES		
MOLLUSCS			
MUSTARD		YES	YES
NUTS			
PEANUTS			
SESAME		?	
SOYA			
SULPHITE			



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CHIPS BY APOLLO					
	MAMA'S CHIPS	ANGRY MAMA'S CHIPS	GREEK CHIPS	EUREKA TRUFFLE FRIES	SWEET POTATO FRIES
CELERY				?	
GLUTEN				?	
CRUSTACEAN					
EGGS				YES	
FISH					
LUPINS					
MILK			YES	YES	
MOLLUSCS					
MUSTARD				?	
NUTS					
PEANUTS					
SESAME				?	
SOYA					
SULPHITE					



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sides by aphorodite									
	CROQUETTES	FALAFEL	POPCORN HALLOUMI	CALAMARI	MINI SPANAKOPITA	GREEK LEMON RICE PILAF	CAULIFLOWER RICE	MAC & CHEESE LOGS	MOZZARELLA STICK
CELERY				YES		YES	YES		
GLUTEN	YES		YES	YES	YES	?	?	YES	YES
CRUSTACEAN									
EGGS			YES		?			YES	
FISH									
LUPINS									
MILK	YES		YES		YES	?	?	YES	YES
MOLLUSCS				YES					
MUSTARD			YES		?			YES	
NUTS									
PEANUTS									
SESAME					?				
SOYA				YES	YES				
SULPHITE									



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DIPS & PITTAS					
	PITA	SPICY FETA DIP	TZATZIKI DIP	HOUMOUS DIP	KALAMATA OLIVES
CELERY		?	?		
GLUTEN	YES	?	?		
CRUSTACEAN					
EGGS		?	?		
FISH		?	?		
LUPINS					
MILK		?	YES		
MOLLUSCS		?	?		
MUSTARD		?	?		
NUTS					
PEANUTS					
SESAME		?	?	YES	
SOYA		?	?		
SULPHITE		?	?		



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SAUCES						
	FETA SAUCE	TRUFFLE AIOLI	SPICY CHILLI	LEMON GARLIC AIOLI	SPECIAL SAUCE	HONEY MUSTARD
CELERY	?					
GLUTEN	YES					
CRUSTACEAN						
EGGS	YES	YES			YES	YES
FISH						
LUPINS						
MILK	YES	YES				
MOLLUSCS						
MUSTARD	?				YES	YES
NUTS						
PEANUTS						
SESAME	?					
SOYA						
SULPHITE						



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DESSERTS				
	BROWNIE BAKLAVA	MINI CREAM PIES	HONEY YOGHURT	BAKLAVA
CELERY		?		
GLUTEN	YES	YES		YES
CRUSTACEAN				
EGGS	YES	YES		?
FISH				
LUPINS				
MILK	YES	YES	YES	?
MOLLUSCS				
MUSTARD		?		
NUTS	YES		YES	YES
PEANUTS	?	?	?	?
SESAME	?	?	?	?
SOYA	?	?	?	?
SULPHITE				



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<b>CLASSIC BOX</b>							
	<b>CLASSIC CHICKEN BOX</b>	<b>CLASSIC PORK BOX</b>	<b>CLASSIC HALLOUMI BOX</b>	<b>CLASSIC CHICKEN GYROS BOX</b>	<b>CLASSIC PORK GYROS BOX</b>	<b>CLASSIC VEGAN GYROS BOX</b>	<b>SKEPASTI</b>
<b>CELERY</b>	YES	YES	YES	YES	YES	YES	YES
<b>GLUTEN</b>	?	?	?	?	?	?	YES
<b>CRUSTACEAN</b>							
<b>EGGS</b>	?	?	?	?	?	?	YES
<b>FISH</b>	?	?	?	?	?	?	?
<b>LUPINS</b>							
<b>MILK</b>	YES	YES	YES	YES	YES	YES	YES
<b>MOLLUSCS</b>	?	?	?	?	?		?
<b>MUSTARD</b>	YES	YES	?	YES	YES	?	YES
<b>NUTS</b>							
<b>PEANUTS</b>							
<b>SESAME</b>	?	?	?	?	?	?	?
<b>SOYA</b>	?	?	?	YES	YES	YES	YES
<b>SULPHITE</b>	?	?	?	?	?		?



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SALAD BOX						
	CLASSIC CHICKEN SALAD BOX	CLASSIC PORK SALAD BOX	CLASSIC HALLOUMI SALAD BOX	CLASSIC CHICKEN GYROS SALAD BOX	CLASSIC PORK GYROS SALAD BOX	CLASSIC VEGAN GYROS SALAD BOX
CELERY	?	?	?	?	?	?
GLUTEN	YES	YES	YES	YES	YES	YES
CRUSTACEAN						
EGGS	?	?	?	?	?	?
FISH	?	?	?	?	?	?
LUPINS						
MILK	YES	YES	YES	YES	YES	YES
MOLLUSCS	?	?	?	?	?	?
MUSTARD	?	?	?	?	?	?
NUTS						
PEANUTS						
SESAME	?	?	?	?	?	?
SOYA	?	?	?	YES	YES	YES
SULPHITE	YES	YES	YES	YES	YES	YES



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